

EPSY – 591 INTERNSHIP IN COUNSELING

Tuesdays 4:00 PM – 5:20 PM

WHAM ROOM 226

Instructor: Tracy Stinchfield, Ed.D., LPC, NCC

Office Hours: Mondays 9:00 am – 12:00; Thursdays 2:00 – 5:00

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Contents of Syllabus

Course Description: A combination of fifty hours of experience and supervision equals one hour of academic credit. This course will consist of group supervision of counseling students working in the field during their internship.

Course Objectives: To further the student's knowledge and skills of the counseling process beyond the practicum level. Students will begin to delineate a personal theoretical approach to counseling.

1. Demonstrate advanced counseling techniques.
2. Use of personal counseling theory.
3. Critique self and other's counseling styles.
4. Develop case study for oral examination.

Course Outline: Supervision is provided on a weekly basis and thus the units of instruction are devised as a tutorial experience based on the student's developmental needs. Usually, a theoretical reference point developed by the student is emphasized.

1. **Case presentations:** Each student will be required to present a ***minimum of two cases***. Before making an in-class presentation you must secure a release of information from your client or their parent or guardian (usually available from your site). Case presentation guidelines and a format for presentation write-ups are provided below. All cases will be presented in either video or audio format. Case presentation forms will be typed. Get signed releases immediately.
2. **Participation:** Students are expected to participate actively in class experiences. This participation includes case discussion and processing, offering feedback to others in the supervision group, and involvement in counselor development activities. Due to the developmental nature of this experience,

attendance is mandatory. **Tardiness, absence, and not presenting tapes will negatively impact your final grade. (P/F)**

3. Student Evaluation: Student evaluation for internship will be based on a combination of lab participation (as described above), on-site performance as evaluated by the faculty supervisor(s) listening to tapes of counseling in the internship setting, and on-site supervisor evaluations of the student's performance. The grade of pass or fail will be given by the group/faculty supervisor in consultation with the site supervisor. Do not assume that by just attending class and being present at your internship site means you pass.

Suggested Text(s) and/or Readings:

Cowan, E. W. (2005). *Ariadne's thread: Case studies in the therapeutic relationship*. Boston, MA: Lahaska Press.

Faiver, C., Eisengart, S., & Colonna, R. (2004). *The counselor intern's handbook*. (3rd ed.). Belmont, CA: Brooks/Cole.

Kottler, J.A. (1993). *On being a therapist*. San Francisco, CA: Jossey-Bass, Inc.

Lewis, J, & Bradley, L. (Eds). (2000). *Advocacy in counseling*. Greensboro, NC: ERIC/CASS.

Moline, M.E., Williams, G.T. & Austin, K. (1998). *Documenting psychotherapy: Essentials for Mental Health Practitioners*. Thousand Oaks, CA: SAGE.

Skovholt, T. M. (2001). *The resilient practitioner: Burnout prevention and self-care Strategies for counselors, therapists, teachers, and health professionals*. Needham Heights, MA: Allyn & Bacon.

Readings as assigned.

Attendance Policy

Attendance is necessary and expected. Investing in your learning minimally requires that you attend class weekly, attend class on time, and be prepared for class.

Reasonable Accommodation for Students with Disabilities: *If you have any special need(s) or disability for which you require accommodations to promote your learning in this class, please contact your instructor as soon as possible to discuss your needs. The Office of Disability Support Services (DSS) offers various support services and can help you with special accommodations. You may wish to contact DSS at 453-5738 or in Room 150 at Woody Hall to verify your eligibility and options for accommodations related to your special need(s) or disability.*

Southern Illinois University
Department of Counseling

INTERNSHIP PRESENTATION FORM

1. Counselor's Name: _____

2. Setting: _____

3. Client's Name: _____ Age: _____

4. Session No.: _____ Estimated No. of Sessions: _____

5. Presenting Problem(s): _____

6. Actual/Underlying Problem(s): _____

7. Case Conceptualization – THEORY SPECIFIC:

8. Client Strengths/ Client Areas for Growth:

9. Therapeutic Intervention(s) – THEORY SPECIFIC: _____

10. Therapeutic Goals – THEORY SPECIFIC:

Short Term: _____

Long Term: _____

11. Student Looking for Feedback on:

12. Peer Feedback:

